UK & INTERNATIONAL HEALTH COACHING ASSOCIATION

APPROVED TRAINING PROGRAMME

IIN

Health Coach Board Certification Training Pathway

https://www.integrativenutrition.com/health-coach-board-certification-training

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The Institute for Integrative Nutrition (IIN) is the longest-standing health coaching school in the world. Founded in 1992 by Joshua Rosenthal, who pioneered the field of health coaching, IIN has graduated more than 200,000 students across 187 countries and continues to lead the profession through evidence-based, holistic coach training delivered fully online.

IIN's UKIHCA-approved pathway is the Health Coach Board Certification Training, made up of two programs completed in sequence within a single enrolment into the Health Coach Board Certification Training pathway.

The first course in this training is the Health Coach Training Program (HCTP), a 40-module foundational curriculum in holistic health, behavior change, coaching skills, and business. This course can be completed in 6 or 12 months. Graduates of this program continue on to the 12-week Coaching Intensive Practicum (CIP), a focused skills-development program that builds hands-on coaching proficiency.

Both courses are delivered fully online with a blend of self-paced coursework and live, instructor-led sessions. Completion of these two core components culminate in the title of Certified Professional Integrative Nutrition Health Coach and eligibility with the National Board for Health and Wellness Coaching (NBHWC), Health Coach Alliance (HCA), and Health Coaches Australia New Zealand Association (HCANZA).

To obtain full UKIHCA member eligibility, students are required to complete the Independent Coaching Requirement. This is an otherwise optional top-off module within the Coaching Intensive Practicum and is a flexible, real-world coaching requirement that must be completed within six months of graduation.

Once all three components of this training have been successfully completed, graduates earn a UKIHCA Membership Eligibility Letter.

Why Choose IIN

- Multi-accredited pathway: approved toward board certification with the National Board for Health and Wellness Coaching (NBHWC), and an approved pathway to the Health Coach Alliance (HCA) and HCANZA, in addition to UKIHCA.

- Flexible pacing: complete the full training pathway in under a year or spread it out if you need more time.

- Academic credit: HCTP is Qualifi Level 4 approved and eligible for up to 29 college credits in the US and Canada through the National College Credit Recommendation Service (NCCRS), with additional articulated credit pathways at Excelsior University, Saybrook University, Maryland University of Integrative Health, and California Institute of Integral Studies.

- Blended learning: self-paced, asynchronous coursework paired with live Coaching Circles, monthly live webinars exploring cutting edge topics, ample coaching practice opportunities, and mentorship from our team of board certified faculty coaches.

- Learn from expert teachers: In addition to IIN's roster of faculty coaches, you'll learn from 95+ leading experts in the fields of health, wellness, coaching, and business, including Gabby Bernstein, Dr. Mark Hyman, Dr. Andrew Weill, Dr. Will Cole, Dr. Ellen Vora, and many more.

- Real-world readiness: the Independent Coaching Requirement ensures every graduate builds genuine client-facing coaching

experience, on their own timeline, before earning full UKIHCA eligibility.

- Global alumni community: join a likeminded network of 200,000+ graduates in 187 countries and receive ongoing support and opportunities for growth and connection long after graduation.

Download our free curriculum guide

Attend a free upcoming info session.

Book a 1:1 consultation with a member of our admissions team.

www.integrativenutrition.com

https://www.instagram.com/nutritionschool/

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