



APPROVED TRAINING PROGRAMME



Level 5 Diploma in Health and Wellbeing Coaching

<https://www.peakhealthcoaching.com/seniorpractitioner/diplomahealthandwellbeingcoaching>

This UKIHCA-Approved and PCI-accredited Level 5 Diploma in Health and Wellbeing Coaching offers graduates an exciting and high-quality professional pathway to diverse careers in health and wellbeing coaching, corporate wellness and private independent practice. You will build your confidence to practice from Day 1 with over 100 hours of live tutor-led teaching alongside a comprehensive online Learning Hub and a strong peer-led community of practice.

The course has a modular structure comprised of core and optional modules that sit alongside your coaching practice and which can be completed part-time, with rolling start dates to suit your schedule and interests.

Contact us today at support@peakhealthcoaching.com to discover more about how you can tailor your learning journey with Peak Health Coaching and join a thriving community of health and wellbeing coaching professionals.

We have a leading track record in delivering outstanding health coaching training, supervision and consultancy led by medical, educational and health coaching faculty, including those with lived experience. Learn more about Peak Health Coaching [here](#) and how we are at the cutting edge of health and wellbeing coaching practice, leading national conferences, and promoting excellence in training and supervision for health and wellbeing coaching and person-centred care.

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- Approved by the UK and International Health Coaching Association
 - Accredited by the Personalised Care Institute (meets and exceeds the PCI Level 3 curriculum)
 - Enables learners to achieve up to Tier 4 NHS England Health Coaching standards and competencies
 - 600 study hours - 106-124 live teaching hours (depending on options) plus 250 hours independent coaching practice

www.peakhealthcoaching.com

www.x.com/peakhealthcoach

www.linkedin.com/company/peak-health-coaching/