



APPROVED TRAINING PROGRAMME



healthcreation

Health Creation Coaching and Mentorship Diploma

<https://healthcreation.co.uk/wp-content/uploads/2023/07/The-Health-Creation-Mentorship-Diploma-Prospectus.pdf?v=79cba1185463>

The Health Creation Coaching and Mentorship Diploma is:

- The UK's first professional health coach training founded in 2003, and approved by UKIHCA in 2023
- Medically led by holistic health pioneer, Dr Rosy Daniel and Course Trainer Sue Caden
- Focussed on meeting all the client's needs, physical, emotional, spiritual, social and environmental in a 'Life Energy Management' approach to proactive health and wellbeing
- Taught live online with three evidence-based modules to cover coaching and mentorship skills, principles and evidence for health and wellbeing and professional coaching and mentorship practice
- Including training in lifestyle illnesses, their risks, management and key coaching skills
- Based on the 12 Health Creation Principles, the digital Health Creation Programme Online and Picture of Health assessment tool,

providing a six-month coaching journey through health and life revival, applicable to all health conditions

- Providing trainees with their own highly valued Health Creation journey, being mentored personally before and throughout the course
- Profound and loving, taking clients and trainees into the heart of where dis-ease lies
- Based on helping people to become true to themselves and reach their potential for health and happiness
- Full of like-minded people supporting each other to open their wings and fly
- Providing students with UKIHCA registration upon qualification.

Our trainees are:

- Joining us from all over the world
- Passionate advocates for the holistic approach to health
- Determined to help reverse the crisis of lifestyle illness
- Wishing to broaden their current understanding of healthcare to work with the mind-body connections and psycho-spiritual elements of illness
- Complementary therapists, Counsellors, Nutritionists, Healers, people with illness experience who have benefitted from the holistic approach, Teachers, Nurses, Doctors, HR and Occ Health professionals, Occupational Therapists and Business Managers
- People wishing to explore the deeper meaning of life
- Compassionate empaths who love people and wish to help them transform crisis into the opportunity for renewed repurposed reenergised life, based on authentic values

Our Diploma course is:

- 600 hours in total with 163 hours of live online training and tutorials, and 437 hours of home study and coaching practice
- UK based but accessible from anywhere in the world
- Rated 100% excellent by our trainees for the quality of the course and the quality of the teachers

What our trainees say:

"Becoming a Health Creation Mentor is a truly life changing experience. Rosy and Sue have been just the most incredible, inspiring, warm, talented teachers and have so generously shared their wisdom and experience in how health is created in an holistic way. The impact of this course is already more profound and positive than I could have imagined, and I know it will be the best gift I gave myself and cannot

wait to share it with others!" AG Corporate Employee Experience Consultant

"The Health Creation Diploma is the best course for teaching holistic model of health - it covers body, mind spirit and environment in great detail and offers very practical tools for implementing the model with clients. But the biggest gain from the course for me was my personal journey - I rediscovered my spirit, and I improved my health and my relationship with everyone, everything and with myself. All this time I was surrounded by like-minded group of people, where it was safe for me to vulnerable, share my deepest feelings without being judged. It is a space where I can freely spread my wings and fly so I can share this gift of Health Creation with others." MS Nutritional Therapist and Youth Advocate

"The three Health Creation Diploma Modules have included tutorials along the way which have helped iron out any issues. The information giving weekends have been great with a blend of different learning forms and coaching practice. The recordings of the Principles and Evidence lectures in Module 2 are very informative and very rich in content with great signposting to research references and authors of books to purchase for further study." RH Occupational Therapist specialising in Dementia Care and Community Health Advocate



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Start your application:

<https://form.jotform.com/231281493796365>

Book a complimentary call with our Course Leaders (aka registration of interest):

<https://form.jotform.com/240992496832368>

www.healthcreation.co.uk

<https://www.facebook.com/healthcreationuk/>

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