



APPROVED TRAINING PROGRAMME



FMCA Health Coach Certification™

<https://functionalmedicinecoaching.org/program/health-coach-certification/>

FMCA is the only health coach training school in collaboration with The Institute for Functional Medicine (IFM). Students are taught by many of the same faculty and have access to several licensed assets from the IFM Toolkit.

Why Choose FMCA?

- The Gold Standard in Health Coaching Certification – Our Health Coach Certification Program the only program designed and delivered in collaboration with The Institute for Functional Medicine and fully approved by the National Board for Health and Wellness Coaching.
- World-Renowned Educators, Comprehensive Curriculum – Dive deep into positive psychology coaching techniques, functional medicine principles, nutrition and food plans, mind-body medicine, and the psychology of eating, with guidance from leaders across these fields.

- Unmatched Community And Alumni Support – FMCA offers career guidance, health coaching resources, and community support for students and alums. We don't just train you to become a great health coach, we set you up to have a career that flourishes.



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